

PROGRESS REPORT

### How many of us are left?

• From June 26<sup>th</sup> and on....

153

Over **110** people dropped out

# How much have people been losing?

**Pounds lost** 

10 PAIUNTE USE PRIUNTE USE PRIUNTE USE

15 PRIMATE USE

20 W

25 W F PRIVATE USE PRIVATE USE

30 W FRINATE USE

40 PRIVATE USE

Number of people

78

49

23

14

5

2

# Percentage wise, what are you trying to say...

#### # of People

64

53

40

29

21

3

3

5

3

#### Percentage of Body Weight

6%

7%

8%

9%

10%

11%

12%

13%

14%

### Total weight lost in this group

## 1675 pounds

### Reminders

- Biggest Winner Wrist Bands
- Community Events:
  - Vibrance September 23<sup>rd</sup>
  - Healthy Cooking Demo
- Remaining Weigh ins:
  - August 26<sup>th</sup>, September 9<sup>th</sup>, September 23<sup>rd</sup>, October 14<sup>th</sup>
    - http://www.strong4life.com/en/pages/LearnAssess/ RewindtheFuture/ArticleDetails.aspx? articleid=HaventMetJimYet&sectionid=Overview