

MONROE COUNTY BEHAVIORAL HEALTH REFERRAL LIST
PROFESSIONALS – AGENCIES – SUPPORT GROUPS

MD's

NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Jennings, Eugene M.D. General Psychiatry Age: Child/Adolescents & Adults	PTSD, Spirituality & religious growth, adult meds, Neuro-Biofeedback, psychotherapy	Insurance: None Fee for Service/at time of service. Cash/check	175 East Brown Street Suite 111 East Stroudsburg, Pa. 18301 476-3068
Kessler, Michael M.D. General Psychiatry Age: All	Meds, short/long term psychothrpy. Fam/marital/ind. & Cognitive Beh thrapies	Federal BC, Medicare Cash/check/credit card at time of service.	Pocono Psychiatric Associates 526 Independence Road East Stroudsburg, Pa. 18301 424-2929
Levinson, Ilan, M.D. Age: All	Psychiatry. Suboxone Program for Opioids Addiction	All major Insurances, Medicare & Medicaid. Sliding scale. Cash/ck/money order	ISL Psychiatric Services, Ltd. 1172-B, West Main Street Stroudsburg, Pa. 18360 424-6187
Middletown, Arthur MD	Adult Psychiatry and Neurology	All major insurances. Medicaid & Medicare Cash/check Sliding Scare	ISL Psychiatric Services, Ltd. 1172 West Main Street Stroudsburg, Pa. 18360 424-6187
Morrow, Robert E., M.D. Age: Adults Only	Adult Psychiatry. Individual, Marital, addictions Affective Disorders	Medicare, Cash/check/credit cards/money order at time of service.	Pocono Psychiatric Associates 526 Independence Road East Stroudsburg, Pa. 18301 424-2929
Saba, Abdo G MD Age: 18 & Up	Psychiatry	Medicare, Intergroup, CCBH Sliding Scale Checks/Cash	East Penn Psychiatric Association 190 Washington Street East Stroudsburg, Pa. 18360 420-9200
Turnberg, Martha, M.D. Age: Child-Adult	Psychiatrist	1 st Priority Health/Life Medicare with 2nd insurance other than Mcare. Check/Cash	419-A King Street East Stroudsburg, Pa. 18301 424-8657
Weisblatt, Steven A. M.D. Age: All	Mood Disorder, depression, Neuropsychiatry, anxiety, MR PTSD. Psychopharmacology	None Check/Cash/Visa/MC)	HC87, Box 69 (Old Route 940) Pocono Lake, Pa. 18347 646-6677

MONROE COUNTY BEHAVIORAL HEALTH REFERRAL LIST
PROFESSIONALS & AGENCIES

PSYCHOLOGISTS/PSYCHOTHERAPISTS

NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Abbruzzese, John A. Jr., Ph.D. Licensed Psychologist All Ages	Individual, family, child custody, forensic	Payment at time of service – cash, check, cashier check, money order	1320 North 5th Street Stroudsburg, Pa. 18360 421-6000
Anderson-Krieg, Susan MSW/ LCSW Age: Children/Adolescents/Adults	Anxiety and depression Individual, couples, family, parenting issues.	Most incl BC/BS, EAP's Inter group, 1st Priority, M-Care Cash/Ck only Sliding Scale	Pocono Psychological Services 601 Scotrun Avenue - P.O. Box 325 Scotrun, Pa. 18355 688-2929
Andrews, Paul MHS, LPC, LCADC Age: Adolescents & Adults	Eval, BAT, treatmt, substance abuse; individual, group, intensive OP, SAP & SAP	BC/BS/Tricare/Cigna/Aetna/CCBH. Cash/money orders. Sliding scale	Inner Vision Treatment Services, LLC 586 Main Street, Suite #9 Stroudsburg, Pa. 18360 476-1902
Barabas, Dustan Psy.D. Licensed Psychologist Age: 10 & up Handicap access	Cognitive Behavior therapy mood disorders, trauma, grief/anger therapy	Most major ins. MH Net, 1 st Priority, M-care, Medical Access sliding scale Cash/Check	804 Sarah Street Stroudsburg, Pa. 18360 629-4900
Barber, Sheila Ph.D. Lic. Psychologist/Cert Sch. Psy Age: 6 yrs or older	Cognitive/Behavioral therapies/Anxiety disorders, Depression, ADHD	Traditional plans. Payment at time of service – Sliding scale- by case Cash/Check	3420A Cherry Lane Road E. Stroudsburg, Pa. 18301 629-6256
Barry, Teresa A. RN, MA, LPC Age: Young Adults/Adults	Family/Marital/Individual/Couples, EMDR/PTSD/EMDR, bereavement, anxiety Depression	Prem BC/S HM, Aetna, UBH, Penn BH, EAPs, etc. Sliding Scale Cash/Ck at time of serv.	Rosewood Counseling Services 1 Washington St – 3 rd Floor East Stroudsburg, Pa. 18301 426-7150 x4
Bertanzetti, Lori LCSW Licensed Social Worker Age: All	Treating sex offenders & victims of sexual assault. Treating all mental Health diagnoses.	Aetna, MA/BC/BS/M-care Payment at time of service Cash/check/money order	103 North 7 th Street Stroudsburg, Pa. 18360 460-4379
Boggia, Paul J. LCSW, CADC Age: 12 - 90	Addictions, substance abuse, ind, family, marital. PTSD, mood d/o, anxiety, ADHD.	All major ins. M-care, Access. Sliding Scale – Cash, credit card/ check/money orders	Main Street Counseling Center 600 Main Street – Suite 120 Stroudsburg, Pa. 18360 421-3670
Broгна, Nicole LCSW Age: Children-Adults	Marriage, family, individual; anxiety, mood DO, ADHD, parenting, EMDR, Adjust D/O	Most –BC/S, Cigna, Aetna, M-care, Pa Access Cash/Check. Sliding Fee Scale	134 Broad Street – Box #9 Stroudsburg, Pa. 18360 972-0756
Chase-Sittig, Robin LCSW (Not handicapped accessible) Age: 6 & up	Marital/Depression/Anxiety Women's issues - Personal life coaching	Medicare, Megellan, Aetna, UHC, Cigna, Valley Preferred Cash/check. Sliding scale.	PO Box 595 - Buttermilk Falls Road Shawnee-on-the-Delaware, Pa. 18356 421-5646

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Cheslock, Patricia A. Psy.D. Licensed Psychologist Age: Children & Adult	Cognitive Beh Trpy, depression, anxiety, ADHD, women issues school/relatshps, assessment.	Most Ins/BC/S, Cigna/Tri-care/Aetna/ Mcare, Pa. Access. Ck/cash Sliding Scale	804 Sarah Street Stroudsburg, Pa. 18360 421-7100
Conroy, Beverly Psy.D. LPC Age: 3 - 65	Cognitive Behavioral Therapy	UBH/Aetna/High Mark BC/S, Cigna/Magellan/EAP's-co/pay at time of appt.	419-A King Street East Stroudsburg, Pa. 18301 476-0169
Cornell, Sara J. Psy.D. Age: All	Anxiety, depression, PTSD, ADHD, Addictions, marriage/family counseling, Art Therapy, meditation	PA Access, Medicare, BC/S – other 3 rd parties. Sliding Scale Check/Cash/Credit Cards	Comprehensive Psychological Services Rts 115 & 940 Blakeslee Sq.(P.O.B 604) Blakesless
Cranford, Clifton, CAC, CEAP D&A Outpatient Services Age: 14+	Grp/Ind/DOT SAP Eval. DHHS Drug Test, intervention/ Assessment/substance abuse, etc.	BC/S, UBH pend. No insurance – sliding scale Credit Card/Cash	Cranford Group, LLC RR 3, Box 2457 Effort, Pa. 18330 629-7081
Cuttitta, Anthony MSW/LCSW Ages 13 – 75	Individual Psychotherapy General	Payment at time of service – check or cash Sliding Scale	729 Sarah Street Stroudsburg, Pa. 18360 420-9807
DeBoer, Kimberly Psy.D. Licensed Psychologist Age: Children - Adults	Individual, family psychotherapy	Pa Access/M-Care Most insurances. Sliding Scale Cash/check at time of service	134 Broad Street – Box #9 Stroudsburg, Pa. 18360 972-0756
Diorio, Martin Ph.D. Licensed Psychologist. Age: 18 +	Anxiety, depression, stress management, panic disorders, brain injury/stroke	Medicare, BC/BS, Aetna UBH, 1 ST Priority Life, co-pay. Cash/check (only)	526 Independence Road East Stroudsburg, Pa. 18301 424-2929
Dogan, Susan MA, M.Ed., LPC Age: Children/Adolescents/Adults	Individual, family, marriage Women's issues.	Insurance: None Check/cash at time of service	261 Sylvan Cascade Road Henryville, Pa. 18332 629-8711
Drago, Anthony Ed.D. Licensed Psychologist Age: Children/Adolescents/Adults	Anxiety & Mood Disorders, Psychological & Psychoeducational Testing	BC/BS, Cigna Cash/Check unless specified by insurance	Monroe Psychological Group 79 South Courtland Street East Stroudsburg, Pa. 18301 476-6301

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NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Eshun, Sussie Ph.D. Licensed Psychologist Age: 10+	Individual, couples, family for stress, anxiety & mood d.o. Psychological Testing	M-Care, BC/BS. Cigna Humana/Great West/Aetna/etc Cash/check at time of service	Blossoming Figs Psychological Services 223 Washington Street East Sbrodsburg, Pa. 18301
Falzon, Jean MA, CAC, LPC Age: All ages	Family/Individual/Couples Addiction, sexual/gender d.o. CISD	Most Insurances Sliding Scale Cash/Check	Counseling Center of Barrett RR 2, Box 2340 Canadensis, Pa. 18325 595-6055
Fossett, Joanne L. LCSW Age: 15 +	Individual/couples; stress, depression, anxiety, grief/loss, communication/adjustment	M-Care, 1 st Priority, Aetna, Oxford, Valley Preferred, etc. EAP's Sliding scale. Cash/ck	Rosewood Counseling 1 Washington Street – 3 rd Floor East Stroudsburg, Pa. 18301 426-7150
Garcia-Jones, Maribel Psy.D. Age: Children – Adult	English/Spanish Individual psychotherapy and psychological testing.	Cigna, UBH, Aetna, M-care Intergroup, Devon/BC/S, UBH, etc .Insurance/cash/check only	Pocono Psychological Services 601 Scotrun Avenue – P.O. Box 325 Scotrun, Pa. 18355 688-2929
Haupt, Carol MS/LPC Age: All Ages	All mental health diagnoses Eval/Treat sexual offenders & victims.	Aetna, Access, Megellan, 1 st Pri. BC/S, etc. Sliding Scale Cash/check Money Order	Forensic Counseling Associates 103 North 7 th Street – Suite 201 Stroudsburg, Pa. 18360 476-7704
Handelong, Amber M.Ed. Age: All Ages	Anxiety, depression, PTSD, ADHD, Addictions, marriage/family counseling, meditation	PA Access, Medicare, BC/S – other 3 rd parties. Sliding Scale Check/Cash/Credit Cards	Comprehensive Psychological Services Rts 115 & 940 Blakeslee Sq.(P.O.B 604) Blakeslee, Pa. 18610
Heeren, Helen Ph.D. Ages: All Ages	Individual, marital, family Psychotherapy	Most Insurances Check/Cash/Credit Cards	523 Sarah Street Stroudsburg, Pa. 18360 424-1853
Herman, Jacquie, M.Ed. Licensed Psychologist Age: K thru Adult	Individual, marriage, family anxiety, depression, grief & social skills.	Payment at time of service Reimbursement thru most major ins. Check/Cash Sliding scale	RR5, Box 5375 Saylorsburg, Pa. 18353 807-7475
Hoff, Brenda MA Counselor/Psychotherapist Age: Child/Adolescent/Adult	Depression, Anxiety. Individual & family counseling, stress man. Pastoral counseling, conflict res.	Most major insurances Insurance/Cash/Check	Pocono Psychological Services 601 Scotrun Avenue – PO Box 325 Scotrun, Pa. 18355 688-2929
Horn-Alsberge, Michele Ph.D. Licensed Psychologist Age: 4 – 90	Individual/couple/family thrupy. ADHD, Learning & Mood d/o, trauma	BC/BS, 1 st Priority, Aetna Cash/check for co-pay; accept assignment	134 Broad Street Stroudsburg, Pa. 18360 420-9494

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Hornkohl, Ann, MA Licensed Psychologist Age: 6 – 80+	Psychotherapy. Marital, family, individual & group (children)	BC/BS. . check/cash	Life Transitions 47 South Courtland St. – 2 nd Floor East Stroudsburg, Pa. 18301 424-5121
Howard, Blanche, BA, BCCH Board Certified Counselor in Hypnosis Age: 6 & Up	Anger & Stress Management Hypnosis – children/adult Relaxation/Visualization	Cash/Check Sliding Scale	HC 88, Box 424 Pocono Lake, Pa. 18346 646-0335
Howe, Kathleen, LCSW Age: Adolescents/Adults	Couples, depression, anxiety, Life transitions, Bipolar, OCD, grief, Asperger's	Most Insurances, Medicare PA Access Sliding Scale –* this office only Cash/Check	Family Treatment Associates 117 Broad Street, Stroudsburg, Pa. 18360 & Brodheads ville Office – 992-2550
Jones, Nichelle MSW, LCSW Age: child/adolescent/adult	Eclectic approach to mood, anxiety, impulse & borderline personality d/o's. Family counseling	Private ins accepted, M-care, CCBH, MA BC/BS, etc Sliding Scale - Cash/Insurance	Positive Perceptions Counseling & Support 425 Carlton Rd, Box 4 Mt. Pocono, Pa. 18344 243-8585
Kearns, Joseph MS, CRC, LPC Age: Adults	Individual & Family Certified Rehabilitation Counselor	Patient responsible Check/cash Only	Pocono Psychiatric Associates 526 Independence Road East Stroudsburg, Pa. 18301 424-2929
Keglovits, Linda M.Ed. Pre-Adolescents & Adult	Life transition issues, divorce, loss/depression	All BC/BS Cash/Check	Life Transitions Counseling 47 South Courtland Street East Stroudsburg, Pa. 18301 424-5121
Kennedy, Sharon M. Psy.D, LPC Age: Adults	Individual and Couples Counseling	Pa Access Cash/Check Sliding Scale	134 Broad Street Stroudsburg, Pa. 18360 807-7159
Kravette, Ellyn, MSW , CAC Age: 14+	Intervention/Assessment (DOT/SAP) Substance Abuse DUI. EAP, Family Ed., DHHS Drug Testing	BC/S, UBH Pending Sliding Scale for non-insured. Cash/Credit Card	Cranford Group, LLC (D&A OP) RR 3, Box 2457, Effort Pa. 18330 (between 115 & Jonas Rd. 629-7081
Krieg, Lewis M.Ed. Age: 20+	Anxiety, depression, PTSD, grief, couples. D&A issues	Most plus Medicare Sliding Scale Cash or Check Only	Pocono Psychological Services 601 Scotrun Ave/PO Box 325 Scotrun, Pa. 18355 688-2929

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NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Lamkin, David MS. CAC Age: All	Anxiety, depression, PTSD, ADHD, Addictions, marriage/family counseling	PA Access, Medicare, BC/S – other 3 rd parties. Sliding Scale Check/Cash/Credit Cards	Comprehensive Psychological Services Rts 115 & 940 Blakeslee Sq.(P.O.B 604) Blakeslee, Pa. 18610
Levinson, Hagit Ph.D. Licensed Professional Counselor Age: All	Individual, Family, Marital	All major Insurances, Medicare & Medicaid. Sliding scale. Cash/ck/money order	ISL Psychiatric Services, Ltd. 1172-B, West Main Street Stroudsburg, Pa. 18360 424-6187
Lupton, Nancy L. MSW, LCSW Age: 5 - 85	Individual/couples/family Parenting issues-anxiety depression/grief	Most insurances Cash/Check Sliding Scale	134 Broad Street - #9 Stroudsburg, Pa. 18360 431-0233
Magnus, Rita LCSW Age: 4 and up	PTSD, sexual abuse victims, ADHD, anxiety, depression. Individual/family/marital therapy	Fed BC, Aetna, UBH Magellen, CBH, Signa, FPLIC. Cash/check	Family Treatment Associates, Ltd. 117 Broad Street Stroudsburg, Pa. 18360 424-6049
Martin, Jo BS CAC Age: Adolescents/Adults	Individual and family therapy. Addiction	Medicare Only Cash/check only	Pocono Psychiatric Associates 526 Independence Road East Stroudsburg, Pa. 18301 424-2929
Matrick, Debra LCSW/MSW NJ/Pa. Age: 4 & Up	Family/couples, grief/eating do anxiety/depression, geriatric, gay-lesbian, PTSD	Access/1st Priority, BC/S, M-Care Magellann, etc. Cash/ck/credit cd. Insurance, Cash/ck Sliding Scale	Matrick Counseling Center Route 390 – PO Box 108 -Price Rite Plaza Mountainhome, Pa. 18342 595-0943
McCormack, Kelly MS AGE: All	Art Therapy. Anxiety, depression, PTSD, ADHD, Addictions, marriage/fam couns.	PA Access, M-care, BC/S-Aetna other 3 rd parties. Sliding Scale Check/Cash/Credit Cards	Comprehensive Psychological Services Rts 115 & 940 Blakeslee Sq.(P.O.B 604) Blakeslee, Pa. 18610
McLaughlin, Angel E. LPC Age: 5 years and up	Trauma, anxiety, cross cultural, EAP, relationship and brain injury.	Most major commercial ins. Various EAP'S. Credit card/self-pay, insurance	Aspire Counseling and Consulting 134 Broad Street – Suite 7 Stroudsburg, Pa. 18360 421-7868
Melber, Laura P. MA Licensed Psychologist Age: All	Couples, family & individual therapy.	Most insurance plans CCBH 1 ST Priority Life Cash/Check Only	Pocono Psychological Services 601 Scotrun Avenue – PO Box 325 Scotrun, Pa. 18355 688-.2929
Mero, Josephine, MSW, LSW Age: 4 & Up	Ind/family/couples/support gprs, transitions, LGBT, women/pre marital groups	Most insurances accepted Ins., Check/Cash Sliding Scale	Rt. 390, Mt.Home, Pa 18342 Mail: 278 Forest Dr., Candensis, Pa. 18325 595-9590

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PSYCHOLOGISTS/PSYCHOTHERAPISTS – continued

NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Metropoulos, Georgann LCSW Age: Adults Only	Anxiety/depression/marital Stress managemt/ chronic med/grief issues/geriatric	M-care/Fed BC. Ins with out of netwk benefits. Cash/Credit/Debit	Pocono Psychiatric Associates 526 Independence Road East Stroudsburg, Pa. 18301 424-2929
Moses, Beth MSN/RN/CS Age: Adults	Adults in transition, patient advocacy, senior population	Most major insurances. M-Care, Cash/check	Rosewood Counseling Services 1 Washington Street East Stroudsburg, Pa. 18301 426-7150
Munoz, Judith T. MA Licensed Psychologist Age: 3-80	Anxiety, depression, individual/family, pastoral, stress, conflict resolution	Most major insurances Cash/check Only	Pocono Psychological Services 601 Scotrun Avenue – PO Box 325 Scotrun, Pa. 18355 688-2929
Newberry, Doris LCSW Age: All	Cognitive behavioral therapy, depression, anxiety, bipolar, PTSD, individual, couples.	All major insurances. Medicaid & Medicare Cash/check Sliding Scare	ISL Psychiatric Services, Ltd. 1172 West Main Street Stroudsburg, Pa. 18360 424-6187
Nonnemacher, Libby MS / LPC Age: 4 & up	ADHD, behavioral, stress, life changes, grief, marriage, anxiety, depression	BC/BS, FPH, FPLIC, Federal Aetna,UBH,Cigna, Magellan Cash / Check / Money Order	Family Treatment Associates 117 Broad Street Stroudsburg, Pa. 18360 424-6049
Olson, Pamela LCSW, CAC Age: 13 & up	Mood/anxiety/trauma; inter- personal issues; addiction related issues.	Aetna, M-Care, Spectrum, UBH EAP's, MH Net, TriCare, Cigna, others. Sliding Scale Cash/Ck	Mt. Pocono Professional Center 4 Fork Street – Suite 2000 Mt. Pocono, Pa. 18344 894-2446
Parker, Dorothy B. LCSW Age: 16 – 80+	Individual, marital, family Affective disorders, etc.	Most Insurances: M-Care, Medicaid, 1 st Priority Aetna, , etc. Cash/Check. Sliding scale	419-A King Street East Stroudsburg, Pa. 18301 424-8657
Powell, Cathleen A. MSW/ LCSW Age: 8 & up	Depression/anxiety, grief, stress, women's/ geriatric issues, couples, hypnosis, life transition	BC/S, UBH Pending Sliding Scale for non-insured. Cash/Credit Card	Cranford Group, LLC (D&A OP) RR 3, Box 2457, Effort Pa. 18330 (between 115 & Jonas Rd. 629-7081
Roth, Cynthia L. LCSW Age: 25 & up	Depression/anxiety/adjustment, Bereavement, bipolar, HIV/AIDS, Relationships.	Mcare/Mcaid,UBH, Cigna, BC/S most insurances Sliding Scale Cash/check	134 Broad Street - #9 Stroudsburg, Pa. 18360 972-0762
Sautter, Dorothy A. Ph.D. Board.Cert. Hypnotherapist Age: All	Ind/marital/fam Counseling. All hypnosis including regression & smoking cessation	Most insurances accepted Check/cash at time of service	P.O. Box 957 (Pocono Mt. Plaza) 4043 Glade Drive Pocono Summit, Pa. 18346 646-6751

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NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Secrest, Rozanne MS, LPC Age: 6 years and up	Individual, couples, parenting, depression, anxiety. Some ASD.	Most insurances accepted Check/Cash	Bartonsville Commons 102 SR 611 North – Suite 2 Bartonsville, Pa. 18321 350-8777/610-577-6655
Segond, Glen LCSW Age: School – Geriatric	Individual, marital, family therapy, grief, Post-Traumatic Syndrome, relationships, ADHD	M-Care, BC/BS, Aetna, Magellan, UBH, UHC, etc Cash/check	Family Treatment Associates 117 Broad Street Stroudsburg, Pa. 18360 424-6049
Shanley, Diana B. MS CRC/LPC Age: 7 – 80+	Individual/marital/family Step-family/relationship issues, depression/anxiety/anger/aging	Spectrum, Aetna, BC/S Check/Cash-sliding fee scale	523 Sarah Street Stroudsburg, Pa. 18360 421-6370
Shay, Pamela MSW, LSW Age: 10 - Adult	Group Trpy, Psychodrama Individual. Mental Health & D&A	If ins covered, co-pay at time of service. Uninsured accepted. Sliding Scale. Cash/Check	Comprehensive Counseling Services LLC Stroudsburg Methodist Church – 547 Main St, Strdsbg, Pa. 18360 610-703-5040
Smalls, Roberta LCSW Age: All Ages	Individual,/marital/family substance abuse, child abuse Dissociative d/o, parenting	Mcare, Megallen/Aetna, Cigna, Val Pref.,UHC.EAP’s BC/BS,etc Cash/check Sliding Scale	523 Sarah Street Stroudsburg, Pa. 18360 620-6911
Smickley, Scott Psy.D. Licensed Psychologist Age: 4 - 80	Child & family therapy, ADHD, Learning Disabilities. Gifted eval, relationship issues, depression, anger management, co-parenting	Medicare-BC/BS-Cigna/UBH Spectrum. Payment at time of service. Sliding Scale	Monroe Psychological Group 79 South Courtland Street East Stroudsburg, Pa. 18301 476-6301
Smith, DoCosta MS, BCBA Age: 2 - 80	Group/Family. Autism. Spectrum, Aspergers, Rett’s, Childhood Disintergrative D/O.	All major insurances Sliding Scale Cash/Checks/Money Orders	Applied Behavioral Solutions, LLC PO Box 491 Reeders, Pa. 18352 610-707-1487
Snyder, Bruce MS Licensed Psychologist Age: 4 & up	Individual/marital/family therapy	M-Care, BC/BS, Megallen, Eetna, UHC, Spectrum Cash/check	Family Treatment Associates 117 Broad Street Stroudsburg, Pa. 18360 424-6049
Steinbacher, Theresa, M.Ed., R.Hy. NCC, LPC Age: All	Hypnotherapy, eating disorders, anxiety, depression, GBLT issues, domestic violence	Magellan, Aetna, Empire, BC/BS, Highmark, etc. sliding scale. Cash/check/money order	123 Walnut Street Kunkletown, Pa, 18058 610-381-3362
Storer, Joanne LCSW Age: 6 – 80+	Family/ind/couples, victims & survivors of domestic violence sexual assault/anxiety/depression, eating disorders	Tricare/Cigna, Intergroup, UBH, MHN/Aetna/BC/BS Horizone & FEP/etc Cash/check/credit card Sliding Scale	Route 390, Box 41 Mountainhome, Pa. 18342 595-0950

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Sucro, Michael MSW, LCSW Age: 12-18	Individual, family & marital therapy.	Cigna, AETNA, UBH, BC/S Highmark, 1 st Priority, GHI Check/Cash	Pocono Therapeutic Services Route 209 – Landmark Building Brodheads ville, Pa. 18322 236-1106
Trook, Douglas Ph.D. Licensed Psychologist Age: 8 - Adult	Individual/couples, anxiety, depression, Christian Act 235-Bariatric/pain evals	BC/BS, Aetna, CCBH, Cigna, UBH, Magna Care, Intergroup, etc. Cash/Check only	Pocono Psychological Services 601 Scotrun Avenue – PO Box 325 Scotrun, Pa. 18355 688-2929
Wohleber, Christina M.Ed. Age: All	Anxiety, depression, PTSD, ADHD, autism, addictions, individual/couples/family	PA Access, M-Care, BC/BS, most 3 rd party ins. Sliding scale. Cash/check/credit card	Comprehensive Psychological Services HCR 1, Box 166 Hamilton East-Suite 3 Sciota, Pa. 18354 992-4267

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NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Burnley Employment & Rehab Services Age: 18 & 75	Vocational training & Employment Services for individuals with disabilities	MH/MR, OVR, 3 rd Party	4219 Manor Drive Stroudsburg, Pa. 18360 992-6616
Catholic Social Services of Monroe County – religious affiliation not asked Age: 10 & up	Anger/Parenting classes. Custody, home studies, foster/adopt srv/etc. Baby Pantry	Co-Pay/private pay, EAP Check/Cash/Money Order	724 Phillips Street Stroudsburg, Pa. 18360 517-0892
Drug & Alcohol Services	Alcohol and Drug Treatment. Suboxone Program	BC/S, CCBH, MA, will cover with no ins. Cash/Check	724 Phillips Street Stroudsburg, Pa. 18360 517-0892
Children & Youth Services of Monroe County Age: Birth thru 17	Advocate & protect children & youths from abuse & neglect while attempting to stabilize family unit.	State/County Funding	730 Phillips Street Stroudsburg, Pa. 18360 420-3590
Drug & Alcohol	See Catholic Social Services		

AGENCIES - CONTINUED

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Fitzmaurice Community Services, Inc. Age: 18 & up	Residential life sharing and supportive services for people with developmental disabilities/mental illness.	State/County Funding	2115 North 5 th Street Stroudsburg, Pa. 18360 424-6223
Monroe County Area Agency on Aging Age: 60 +	Range of information & referral-in-home services, Protective Services for abuse, neglect & exploitation to intensive, hot meals, legal, personal care	Insurance – None Payment - based	724-B Phillips Street Stroudsburg, Pa. 18360 420-3735 Toll Free: 1-800-498-0330
Mental Health/Mental Retardation Program of Carbon/ Monroe /Pike Age: All	Assessment & Referrals. Case management, advocacy, support, linkage	For uninsured and MA.	730-A Phillips Street Stroudsburg, Pa. 18360 421-2901
Mental Health/Mental Retardation Program of Carbon /Monroe/Pike			428 South 7 th Street – Suite 2 Lehighon, Pa. 18235 610-377-0773
Mental Health/Mental Retardation Program of Carbon/Monroe/ Pike			10 Buist Road – Suite 404 Milford, Pa. 18337 296-6484
Mount Pocono Medical	Methadone Maintenance Treatment	MA – CCBH – Cash	663 Pocono Boulevard Unit 13 Mt. Pocono, Pa. 18344 839-7246
New Perspectives Phone/Mobile: Age: All House: 16 & up	Crisis Intervention – Crisis Residence – Mobile Crisis Medical Mobile Crisis Telephone Hot Line	CCBH – Medicare Uninsured	1321 Middle Easton-Bellmonte Pike Stroudsburg, Pa. 18360 992-7590 / 992-0879 Toll Free: 1-800-849-1868
NHS (Northwestern Human Services) <u>All Ages</u>	Assertive community treatment, blended case management, family based mental health, outpatient, therapeutic family care, certified family support.	MA & CCBH	912 Main Street – Suite 202 Stroudsburg, Pa. 18360 424-8119
NHS Pocono Mountain Center Outpatient Clinic		Medicare, MA/CCBH, some private insurances	663 Pocono Blvd Mt. Pocono, Pa. 18344 839-3097

MONROE COUNTY BEHAVIORAL HEALTH REFERRAL LIST
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NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Providence Community Services, inc. Age: 0-21	Behavior Modification, Intense therapeutic services, one-on-one mental health interventions for children with emotional, social & behavioral disturbances.	MA, CCBH & Primary ins participating in Act 62 coverage for children on the spectrum.	4 Landmark Center East Stroudsburg, Pa. 18301 424-6221
REDCO Group/Behavioral Health Services Age: 4+ OP (4+), Acute Partial Hospitalization (18+) & FACT (4-17)) family based programs	Full range of psychiatric services for children & families transition age and adults including those with serious mental illness. Intensive outpatient – co-occurring	FACT/Acute PH - MA/CCBH & County: OP MA/CCBH, Unison, 1 st Priority, M-Care, County. Some private ins. Private Pay. Insurance, cash/check at time of service.	564 Main Street – 2 nd Floor Stroudsburg, Pa. 18360 420-8070
Salisbury Behavioral Health Age: 18 +	Assertive Community Treatment Team (ACT) Blended Case management, psychiatric rehab, peer specialist, residential for SMI	Medical Assistance, CCBH Insurance Only BCM/SBH – 422-6670	100 Rte 611 – Suite 4A Bartonsville, Pa. 18321 422-6670 ACT Team 422-6721
Salvation Army Age: All	Emergency Housing for Monroe & Pike County residents only.		226 Washington Street East Stroudsburg, Pa. 18301 421-3050
Women's Resources of Monroe County Age: All Female & Male	Domestic Violence & Sexual Assault Crisis Center. Informational & referral. Emergency Shelter. Counseling. Educational programs	All services free and confidential Kids First-counseling program Support services to significant others	225-J Wilson Drive PO Box 645 Delaware Water Gap, Pa. 18327 Office – 424-2093 Hot Line – 421-4200

FOR SUPPORT GROUPS – continued

MONROE COUNTY BEHAVIORAL HEALTH REFERRAL LIST
PROFESSIONALS - AGENCIES - SUPPORT GROUPS

SUPPORT GROUPS

NAME	SPECIALITY	INSURANCES/PAYMENTS	ADDRESS/PHONE
Depression/Bipolar Support Group	1 st & 3 rd Wednesdays of each Month – 7:00 pm – 9:00 pm	Free	Pocono Medical Center 206 East Brown Street East Stroudsburg, Pa. 18360 476-3422
NAMI (National Alliance on Mental Illness)	Meetings 1 st & 3 rd Wednesday at Pocono Medical Center 7 p.m.	Free	620-1865 (Eileen)
Suicide Survivors' Support Group	4 th Tuesday of each Month – 7:00 pm – 8:30 pm	Free	Pocono Medical Center 206 East Brown Street East Stroudsburg, Pa. 18360 476-3422
NAR-ANON Family Groups	“Whether the addict is using or not, Nar-Anon offers hope & recovery to all people affected by the addiction of a love one or friend.	Free HOURS: Every Monday 7:40 p – 9:00 p	St. John’s Evangelical Luther Church 9 North Ninth St. Stroudsburg, Pa. 18360 856-4000
Alcoholics Anonymous Age: All	The only requirement is a desire to stop drinking.	Free	Answering Service for times, locations and assistance 424-8532

Area Codes 570, unless otherwise noted. sv revised 07/09/09 08/01/09 12/17/09 sr-rev 09/29/11 10/21/11 10/27/11 01/09/12

NOTE: This listing is not an endorsement of any individual or group, but is distributed by the Behavioral Health Unit of Pocono Medical Center as a service to help facilitate mental health treatment referrals in the Monroe County area. We are planning on updating this on a yearly basis. If you, any professional or agency notes any discrepancy, or if there should be any new additions to this list, please contact the Behavioral Health Unit at 476-3393.