

JUNE 2012

CheckUP

A photograph of two women sitting on a wooden floor in front of a blue and yellow tent. The woman on the left is wearing a grey sweatshirt with a 'Valley Network' logo and blue jeans. The woman on the right is wearing a bright pink jacket over a white top and blue jeans. A coiled rope is on the left, and a jacket is on the right. A television is visible in the background.

View From the Summit

See what they discovered, page 6

A PASSION FOR BETTER MEDICINE.™



Lehigh Valley
Health Network

One Step at a Time

Our experiences at the Summit



On April 12, we both had the opportunity to attend the Summit at Lehigh University's Stabler Arena. We gathered with nearly 1,000 colleagues for this planning and action session. We were encouraged to sit with people we didn't know. Our group started as strangers, so to speak, but by the end of the day we were chatting easily about work and our lives. In our group we had people from the department of medicine, engineering, clinical engineering, medical staff services, Lehigh Valley Physician Group and administration.

The two of us sat next to each other and we were then partnered together for the interactive

components of the session. We discussed our findings with our small group, and eventually reached conclusions that were shared with everyone at the Summit. One of the interesting conversations during the day centered on use of the word "non-management" to describe those in the room who were not in a formal management position. There was an overwhelming feeling throughout all those in attendance that we all fill important roles in the organization and, after the entire 1,000 people voted, the word colleague emerged as the word to describe all of us at LVHN.

Our group liked the selection of the word colleague. We openly discussed the reality that job title has nothing to do with how invested a person is in our organization. We are all interested in working with a team of people we trust to bring high-quality health care and exceptional service to our community. In other words, we want to work with "colleagues" and share a mutual respect that comes with working together toward the same goal. And we want to work in an environment that is so positive no one would be tempted to leave or think that the grass was greener in another organization.

This is just a snapshot of what we learned while we climbed to the top of the Summit. You can read a lot more about it in the article on page 6. Although that day is over, the journey has just begun. We both look forward to working with all 11,000 of our colleagues as we move forward in this era of time, trust and teamwork—and you should too.

Debbie Burrack
LVPG Billing

Terry Capuano, RN
Chief Operating Officer

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ON THE COVER

Vanessa Taggart of supply chain management (left) and Nancy Homlish of home health services at the Summit.

Honoring the Fallen

Friends of Nursing recipient leads her team when tragedy strikes

Perfect white gloves. Meticulously shined shoes. An impeccably folded American flag. A police dog walking our hospital halls. These are the snapshots that will forever remain imprinted in the memory of Lou Ann Newman, RN, manager of operative services at Lehigh Valley Hospital–Cedar Crest and recipient of the Joseph J. Prorok, MD, Friends of Nursing Award for Excellence in Perioperative Nursing.

A nurse in Lehigh Valley Hospital–Cedar Crest’s operating room (OR) for eight years, Newman led her OR team on two separate occasions in 2011 when members of law enforcement who died in the line of duty gave the gift of life by donating their organs. “It was

truly a team effort on behalf of so many, including the OR team, emergency services, security, pastoral care and others,” she says. “Everyone went out of their way to paint the picture of respect that the fallen officers most certainly deserved, as did all of the law enforcement brothers who came to support the fallen, their families and each other.”

On the first occasion, 50 fellow officers accompanied a slain Berks County deputy sheriff to the hospital. Newman, along with her team and others in the health network, made arrangements for 20 officers in the honor guard to accompany the deceased officer to the operating suite. As part of honor guard protocol, one officer remained outside the door of the operating room with an American flag. Upon completion of the

organ procurement, all 50 officers, led by the slain deputy sheriff’s police dog, accompanied the deputy sheriff from the operating suite, through the hospital to the exit, and began a ceremonial procession to the funeral home.

Sadly, this same situation occurred within two months when a Freemansburg police officer was killed in the line of duty. Again, a team from emergency management, security and pastoral care orchestrated the procurement and procession in an atmosphere of utmost respect.

“The raw emotion was evident no matter where you looked on those days,” Newman says. “While we wanted to do everything we could to honor those who protect and serve our communities, we also needed to remain focused on our work. Sometimes you can’t think about the enormity of what’s happened until your shift ends and you go home. That’s when it really sinks in.”

—Amy Koch

“Everyone went out of their way to paint the picture of respect that the fallen officers most certainly deserved, as did all of the law enforcement brothers who came to support the fallen, their families and each other.”

LOU ANN NEWMAN, RN



Cool Tools

Innovative technology helps us provide safe, efficient, leading-edge care

If you buy the latest cell phone or iPad the day it hits the stores, you're a tech junkie. Ironically, you work at a health network that's just as passionate about technology. We're always looking at the latest health care "gadgets" that can help us deliver an even higher level of care. Check out our newest cool tools.

Cool tools are just one reason we are:

- ▶ **On the *Becker's Hospital Review* 2012 list of the 100 Best Places to Work in Healthcare**
- ▶ **A 2012 *Computerworld* Honors Laureate**



HD surgery in the hybrid OR

If you think your big-screen TV is awesome, check out the one in our new hybrid operating room (OR) at Lehigh Valley Hospital-Cedar Crest. "It's a 55-inch plasma screen that shows eight images at once," says diagnostic technologist Duane Frey. It shows things like X-rays, ultrasounds and vital signs. In a traditional OR, a separate monitor is needed for each image. This monitor allows the surgeon to find all needed information in one spot.

The device that takes images in the hybrid OR, called a c-arm, does things other c-arms can't. It's more flexible and can move around the entire OR table. When you tilt the table, the c-arm automatically tilts with it to stay focused on a precise area, and can return to an exact location after it is moved. This c-arm instantly takes sharper, 3D images to give surgeons clearer views and exposes patients to lower doses of radiation. We're only the third hospital in the nation with this innovative tool (made by Philips). We use it to perform vascular and valve surgeries, as well as a new procedure that replaces the heart's aortic valve with a catheter.

Tru-D kills germs dead

It looks like R2-D2's big brother. Instead of fighting the forces of evil, it destroys the sources of infection. Its name is Tru-D®, and it disinfects rooms in our hospitals with high-powered ultraviolet (UVC) light. Like Luke Skywalker's light saber, Tru-D's light destroys all bacteria and viruses it shines on, even those hiding on window blinds and inside open drawers. We use Tru-D in ORs and rooms that were occupied by patients with a highly infectious diarrhea (Clostridium Difficile).

Tru-D truly helps patients. "It kills what you can't see with the naked eye," says Terry Burger, RN, director of infection control and prevention. "It complements our standard environmental cleaning." Tru-D doesn't damage items in the room, and can be used in rooms with glass windows and doors. A sensor placed on the door of the room being disinfected shuts Tru-D off should someone attempt to enter. Tru-D even talks to let you know it's about to go to work. It's rare to see an infection-fighter like Tru-D (made by Lumalier Corporation). We're the only hospital in the region using this tool to help keep patients safe.

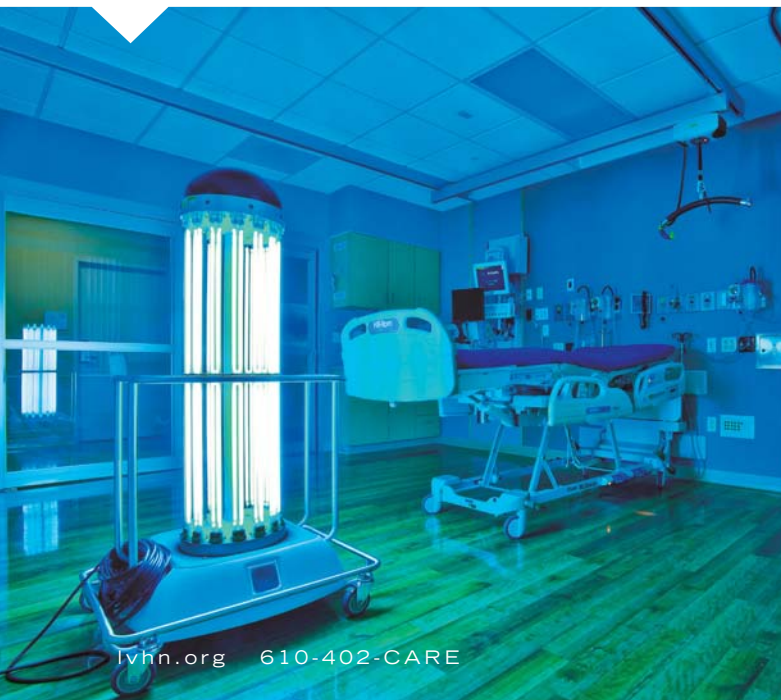


Nothing writes like this pen

It may look and write like a ballpoint, but it does so much more. With its infrared eye, the T-System DigitalShare™ Pen takes everything you write in a patient's paper medical record and converts it into an electronic medical record (EMR). Colleagues and local EMS providers use these high-tech pens mostly when we provide emergency care at Pocono Raceway, where building an entire EMR system would be very costly.

Using the pens, caregivers write on special paper containing a template showing where specific patient care information should be written. The pen, made by T-System (the same company that supplies our emergency department charting system), then sends an electronic version of the patient's medical record to our health network. The electronic version is accessed by colleagues when the patient arrives in our ED for follow-up care. Mike Wargo, administrator for the department of public safety and emergency operations, says the pens are portable and easy to use, adding, "First responders can use them without having to be trained on our EMR system."

—Rick Martuscelli and Matthew Burns



EVEREST FOR A DAY

To help participants get in a “climbing” frame of mind, Stabler Arena was transformed into a Mount Everest base camp, complete with tents, trekking equipment and even a herd of stuffed yaks.



Summit Points to Stronger Relationships

Participants say open, respectful communication is key to our culture and mission



April 12 was an exhilarating day of sharing, learning and imagining the future as nearly 1,000 colleagues gathered for the Summit at Lehigh University's Stabler Arena. It was the next step in a journey that began at employee forums last fall.

What led us to the Summit?

During the forums colleagues were asked, “What do you need to do your job well and be at your best more often?” More than 10,000 ideas were collected. The consensus is we're at our best when we're helping, and our ability to help de-

pends upon three conditions—**time, trust and teamwork**. Colleagues representing all levels and roles in our health network—both clinical and nonclinical—came to the Summit to discuss specific ways to engrain those conditions into our culture.

What did we learn?

President and chief executive officer Ron Swinford, MD, kicked off the event by telling participants, “I can talk to you like family now.” He then explained the purpose of the day's conversation: “We want to find out what you think and feel because you are a big part of our strategic

planning process.” (Visit Mission Central at lvhn.org/conversations to see his entire opening address.)

Throughout the day, participant feedback focused on more open and trusting relationships between managers and their teams, as well as other departments. Specific comments were captured through iPads and other interactive technology and condensed by an on-site “theme team.” Based on votes, this is the statement the group believes best describes our health network's desired culture: **“Respectful communication in a safe environment where honesty and openness are valued, not punished.”**



WE UNDERSTAND YOU

To demonstrate what our desired culture might look like in the future, climbers got creative through a variety of skits, songs and presentations. This team used a yak to humorously show how interpreter services will play a growing role in meeting our community's needs.



INSTANT CONNECTION

Climbing teams like this one used iPads to send their feedback to an on-site "theme team" that condensed the data and reported results back to the group.



FLAGS OF ENCOURAGEMENT

Using brightly colored squares modeled after the Tibetan prayer flags found on Mount Everest, climbers wrote personal messages of inspiration to their health network colleagues.



LIFESAVING TEAMWORK

MedEvac flight nurse Mike Fadale (left) explains how his team works together to provide lifesaving care. The newly painted MedEvac—now black to make our logo stand out—landed outside Stabler Arena to give Summit participants a close-up look at this highly visible symbol of our brand and passion.

What's next?

Feedback gathered at the Summit continues to be studied by the Mission Possible evaluation team. That data and the "desired culture" statement will be used to help formulate fiscal year 2013 goals, particularly around the "people" organizational priority.

VISIT MISSION CENTRAL AT
www.lvhn.org/conversations

for updates on this strategic process, as well as videos, photos and stories about the many other ways we make our mission possible.

—Gerard Migliore



Things You Should Know About Our Partnership With the Phantoms

When the Phantoms of the American Hockey League begin to play in the new downtown Allentown arena, Lehigh Valley Health Network will be part of the action. Here's what you need to know about our partnership with the Lehigh Valley's newest sports team:



IT'S ALL ABOUT COMMUNITY.

More than 100 years ago, our health network began with the opening of what was then The Allentown Hospital. Today, Lehigh Valley Hospital-17th Street offers people in Allentown high-quality medical and surgical care, cancer and stroke care, and a Community Health and Wellness Center, among other vital services. The Allentown arena is the most significant revitalization project in the city's history. "We believe in this project and are excited about the opportunity it gives us to further enhance the health and wellness of people in Allentown and surrounding communities," says Ron Swinfard, MD, our president and chief executive officer (above, left).



IT'S A BIG PROJECT.

The arena project (above, center) is seen by community leaders as a catalyst for creating jobs, economic growth and renewed community spirit that will energize downtown Allentown. The project includes the arena, which will be located at the corner of 7th and Hamilton streets. It will seat 8,500 people for hockey and up to 10,000 for concerts and other events. The main arena tenant will be the Phantoms, who play at the highest level of minor league hockey and is a farm team for the National Hockey League's Philadelphia Flyers. The project also includes an office complex that will attach to the arena.



3 WE'RE A 'FOUNDING PARTNER.'

That means our health network will have a sponsorship presence both inside and outside the arena (below, right). It also means we'll serve as the official health care provider for the Phantoms. Our specialists will provide medical care, rehabilitation and sports performance programs for Phantoms players. If you've ever played hockey or watched it, you know it requires a high level of energy, strength, fitness and grit.

5 WE'RE ALL ON THE SAME TEAM.

When we made the announcement at Allentown City Hall, a dozen leaders from our health network joined Phantoms owners Rob and Jim Brooks and Allentown Mayor Ed Pawlowski (above, right). "The health network has deep roots in the Lehigh Valley, and its commitment to the new arena shows its commitment to helping revitalize downtown Allentown," says Rob Brooks, who also holds ownership stakes in baseball's Pittsburgh Pirates and Texas Rangers, and the National Hockey League's Pittsburgh Penguins. "We see this as a perfect partnership between two community-minded organizations."

4 WE'RE CREATING A 'DESTINATION CENTER.'

Inside the office building that will attach to the arena, our health network will create a Sports Medicine and Fitness "destination center." While more details are yet to come, plans for the center include:

- A state-of-the-art facility for outpatient rehabilitation
- A screening program to diagnose and care for concussions and brain injuries
- A sports and activities performance program for all ages
- A Healthy You Fitness Center for the community and for Phantoms team members
- Community wellness, nutrition and fitness programs

All of these services are in addition to existing fitness and rehabilitation services found throughout our health network.



—Kyle Hardner

Nominate Your Star for a Service Excellence Award

Now is your chance to recognize colleagues who do amazing things by nominating them for a Star Celebration Service Excellence Award. These awards recognize colleagues who demonstrate exceptional customer service, work efficiently, design creative reward-and-recognition programs, perform community service or go the extra mile.

To submit a nomination form, visit the human resources intranet site at lvh.com and click "Employee Resources," "Recognition" and "Nomination Form" in the Service Excellence Award section. Nominations must be received by July 31.

Need help putting your thoughts into words?

These members of the Star Celebration committee can help you complete your nomination (clockwise from top left):

- 📞 **Mary Ellen Bedics, 484-884-1039**
- 📞 **Carol Trunzo, 610-969-0212**
- 📞 **Vanessa Taggart, 484-884-1970**
- 📞 **Luereane Mells, 484-884-0500**

► After completing your nomination, consider telling your star's story on Mission Central (www.lvhn.org/conversations).



SHARED SUCCESS PLAN

Fiscal Year 2012 Third Quarter Results

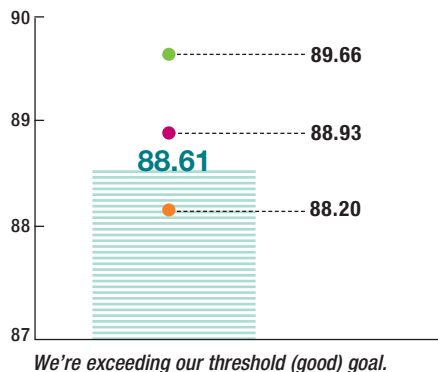
Help us reach our goals!

You play a vital role in helping us meet our overall **patient satisfaction and cost-per-case goals**. If your hard work helps us meet these goals and our health network's overall financial goals by the fourth quarter, you may be rewarded.

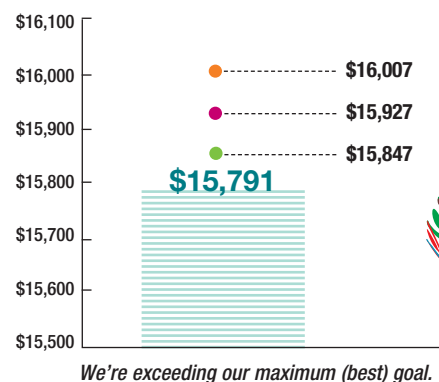
OUR FY 12 GOALS

- **Threshold (Good)**
- **Target (Better)**
- **Maximum (Best)**

Patient Satisfaction



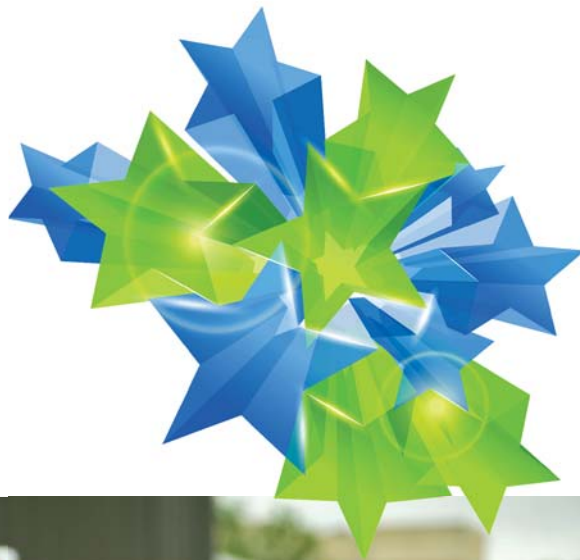
Cost Per Case (lower is better)



Service Star of the Month

Chuck Allen (left) and Timothy Hickey, RN
Lehigh Valley Health Network–MedEvac

Nominated by Andrew Martin, director of emergency services,
on behalf of Kutztown Area Transport Services



Congratulations to Award Nominees

Nicole D'Alessio, RN
pediatrics

Alisa Circosta, RN
LVPG Internal Medicine

Laura Vargas, LPN
Lehigh Valley Physician Practice

Tracy Erie, RN
medical-surgical intensive
care unit, Lehigh Valley Hospital–
Cedar Crest

Paul Rasmuson
engineering

Pamela Tobias
John and Dorothy Morgan
Cancer Center

Transitional Trauma Unit
Lehigh Valley Hospital–
Cedar Crest

Things to remember when nominating a Service Star:

- Choose a colleague or a team of colleagues.
- Tell a story. Specifically explain how the colleague or team did something extra special.
- You don't have to provide direct patient care to be a Service Star. All colleagues and teams can be nominated.

To nominate a Service Star:

- Visit www.lvhn.com
- Go to the "Find Fast" box
- Click "Service Star Nomination"



The radio chatter was growing increasingly desperate. First responders from Kutztown Area Transport Services (KATS) were at the scene of a car accident in Maxatawny Township. One of the victims had been ejected from the vehicle and was in desperate need of specialized emergency care.

KATS radioed dispatchers and requested air support from Lehigh Valley Health Network–MedEvac. Not only did they want MedEvac to transport the patient to our Mattioli Trauma Center, they knew specialized care from the MedEvac flight team might be the difference between life and death for this severely injured patient.

Flight nurse Timothy Hickey, RN, and flight paramedic Chuck Allen heard the request on the radio. However, inclement weather kept them grounded at the Kutztown Airport.

KATS members at the scene devised a backup plan. They radioed the dispatcher and asked if the MedEvac team could accompany them in the ambulance as they transported the patient to Lehigh Valley Hospital–Cedar Crest. Before the dispatcher contacted the flight team with the request, Hickey and Allen took action. They called 9-1-1, the quickest way to contact the dispatcher, and offered assistance. Within minutes, the ambulance was redirected to the airport to pick them up.

"The MedEvac team added a much needed level of care to the critically ill patient," says nominator Andrew Martin. "The care they delivered helped to stabilize the patient as she was transported into the arms of the waiting surgical team. Their persistence and compassion helped save this patient's life."

—Matthew Burns



Visit **Mission Central** at lvhn.org/conversations and click on "**Discussion**" to share and comment on colleagues' stories of exceptional service.

New at the Health Center at Bethlehem Township

The Health Center at Bethlehem Township (located immediately off the Freemansburg Avenue exit of Route 33) will begin offering new services in June. After-hours walk-in care for common illnesses and minor injuries (e.g., sprains, cuts, rashes, allergies, flu symptoms, bronchitis, ear infections) will be available weekdays, 9 a.m.–9 p.m., as well as weekends and holidays, 10 a.m.–3 p.m. Plus, a state-of-the-art Sleep Disorders Center will provide diagnostic testing and treatment by board-certified sleep physicians.

More services will be added at the health center later this summer. Breast Health Services will provide digital mammography, and women's and children's care will be provided by colleagues from College Heights OB/GYN and ABC Family Pediatricians.



She's an Advocate

As a medical assistant in hematology/oncology, Trina Grace knows firsthand the quality cancer care we provide. She used her knowledge to help her sister-in-law, Kelly, who lives in New Mexico. Kelly was diagnosed with kidney cancer that metastasized to her lungs. She needed a treatment not offered in New Mexico but provided here. Grace talked to hematologist-oncologist Suresh Nair, MD, who agreed to care for Kelly. Now Kelly flies to Allentown for treatments. "I want her to receive care here because I want the best for my family," Grace says, "and Dr. Nair is the best."



Are you an advocate for our health network?

If so, call 484-884-3175 or e-mail Richard.Martuscelli@lvhn.org and share your story in *CheckUp*.

WELLNESS ROLE MODEL

Fatima Sattar, RN



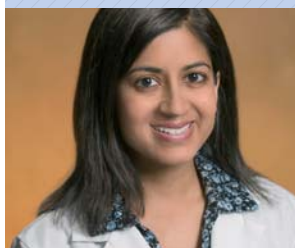
While trying to raise her daughter, go to school and work, Fatima Sattar, RN, couldn't find time to exercise. Two years ago, however, Sattar learned she had high triglycerides. "I have no interest in taking medication," says the 6CP nurse. "I want to practice what I preach to patients." She used her Culture of Wellness dollars to join the Healthy You Fitness Center, begin personal training sessions and visit a nutritionist to tweak her diet. "I always felt supported and never judged," Sattar says. She's sticking with her program, seeing the benefits and hooked on her new healthy lifestyle. She was even named her unit's Dean of Wellness. "I'm more productive at work, and my confidence has increased," she says. "This is a permanent lifestyle for me now."

- ▶ For a list of Culture of Wellness programs, visit the human resources website on the intranet (www.lvhn.com) and click "Benefits" and "Culture of Wellness Brochure."
- ▶ To register for Culture of Wellness programs, call **610-402-CARE**.

A Guide to Our Care

Area's Only Pediatric Surgeons and Anesthesiologists

When a child needs surgery, we provide the specialized care he needs. We have the area's only pediatric surgeons and anesthesiologists. They work closely with our pediatricians and pediatric subspecialists to provide quality care. Our pediatric surgeons perform a variety of general and advanced procedures, and our pediatric anesthesiologists safely relieve children's pain if needed before, during and after surgery and other procedures.



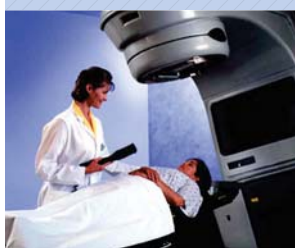
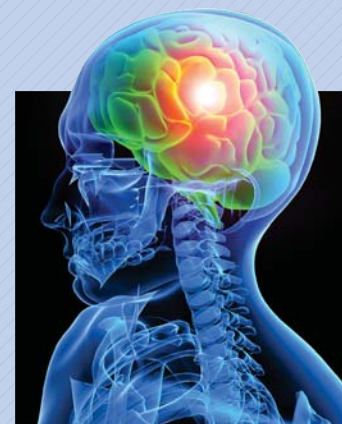
A Doctor You Should Know

Bindi Patel, MD, a board-certified family medicine physician with Lehigh Family Medicine Associates, enjoys getting to know the families she treats so she has insight into their dynamics and related health issues. "I feel strongly about building relationships with my patients so they feel comfortable talking to me about everything," she says. When she's not in the office, she enjoys cooking. "I love finding vegetarian recipes online and making them for my family," she says.

Minimally Invasive Treatment of Damaged Brain Vessels

A bleed from a blood vessel that supplies the brain can result in brain damage and may be life-threatening.

It's typically caused by an aneurysm, stroke or blood vessel malformation. Our team from neurology, neurosurgery and neurointerventional radiology is the region's leader in the evaluation and treatment of damaged blood vessels due to these conditions. A tiny catheter, advanced under X-ray guidance from a groin artery to the brain, allows the team to perform leading-edge procedures such as aneurysm coiling, gluing of vessel malformations and mechanical clot retrieval in stroke, using the newest approved devices such as retrievable stents. Some of these options may offer patients fewer risks and side effects than traditional open-skull surgery (craniotomy) or other therapies.



Faster, More Precise Cancer Treatment

This month, patients will begin receiving treatment from a new linear accelerator at Lehigh Valley Hospital–Muhlenberg. The TrueBeam system gives our oncologists and their teams the power to manage challenging cancers with faster, more flexible treatments that are also more comfortable and convenient for patients. The use of technology like this is one reason our departments of radiation oncology have been accredited following a review by the American College of Radiology (ACR) and the American Society for Radiation Oncology (ASTRO).

Cardiologist Joins LVPG Practice

Jeffrey Snyder, MD, has joined Lehigh Valley Heart Specialists. A cardiologist with 21 years experience, Snyder will see patients in the Lehigh Valley Heart Specialists office at 1250 S. Cedar Crest Blvd., Suite 300. He will continue to perform cardiac catheterizations and angioplasties at Lehigh Valley Hospital–Cedar Crest. Snyder earned his medical degree at Jefferson Medical College of Thomas Jefferson University. He is board-certified in cardiovascular disease, interventional cardiology and internal medicine. To make an appointment with Snyder, call 610-402-3110.



See the Renovated Children's Clinic

The Children's Clinic at Lehigh Valley Hospital—17th Street has a new home on the sixth floor. The renovated clinic has 23 rooms designated for well children, specialty care and teaching. You are invited to tour the clinic Friday, June 9, 11:30 a.m.–1 p.m. (Take the blue elevator to the sixth floor.) Refreshments will be served.

Tell families with children that they're invited for a tour too. Existing patients, their families and the public are invited to view the new space Saturday, June 30, 10 a.m.–1 p.m. Lehigh Valley IronPigs mascot Ferrous will be there, as well as face painting and demonstrations on effective hand washing. The Children's Clinic provides primary and specialty care for children up to age 18, including those who are uninsured or underinsured.



Register for the Lehigh Valley Health Network Marathon for Via

Sign up now for the marathon, half-marathon or team relay on Sept. 9, or the Via Family Fun Walk, Sept. 8. All colleagues will receive a 15 percent registration discount. **Be one of the first 30 runners to call 610-402-CARE and receive free registration.** Visit lvhn.org/marathon for race details.



PRIDE in Our People

Caring for Our Heroes



After receiving an invitation from our president and chief executive officer Ron Swinfard, MD, veterans from our community and health network joined in a discussion about their specific health care needs with Eric Johnson (pictured), our veterans' affairs liaison, as well as several other health network presenters. Using veterans' feedback, we'll educate colleagues about the sensitivities needed to effectively care for veterans and their families. We'll develop a resource guide to help veterans find the services they need. We'll also work with health care providers throughout our region to identify and close gaps in veterans' health services.

Take Charge

That's what Rev. Donald Knapp and his wife, Virginia, of Allentown did at the Take Charge Health Fair. Colleagues like marketing coordinator Jen Adamski (left) helped the Knapps and 250 other community members participate in group class demonstrations, get information about weight management, diabetes and rehabilitation, and learn how to manage their health. The event, held at 1243 S. Cedar Crest Blvd., showcased our wellness services and offered giveaways and prizes. One lucky participant even walked away with a new iPad.



It's Story Time



To celebrate the Week of the Young Child, our president and chief executive officer Ron Swinfard, MD, read to children at our Early Care and Education Center. Swinfard chose to read Dr. Seuss' "There's a Wocket in My Pocket" and "Hiccupotamus" by Aaron Zenz. Week of the Young Child is an annual celebration sponsored by the National Association for the Education of Young Children. It focuses public attention on the needs of children and their families, and recognizes the early childhood programs and services that meet those needs.

Schedule

For more details on classes (including times, locations and costs), call **610-402-CARE** or visit **lvhn.org** and click Programs and Events.

Culture of Wellness

June 1 and 2 – Preparing for Childbirth, Friday-Saturday Class

June 2 – Becoming Mom and Dad New Parents Workshop

June 4, 11, 18, 25 – Monday Morning Moms...Beyond Birth

June 4, 13 and 21 – Postpartum Support: Understanding Emotions After Delivery

June 5, 18 and 23 – Breastfeeding Baby

June 5 and 20 – Car Seat Check – **FREE!**

Starting June 6 – Preparing for Childbirth, Four-Week Series

June 7 and 14 – Baby Care Series

June 7 – Health Fair at IronPigs Game

June 9 and 10 – Preparing for Childbirth, Saturday-Sunday Class

June 10, 19 and 25 – Adult Maternity Tours

June 10 – Sibling Maternity Tours

June 12 – Dad's Guide to Great Parenting Workshop

June 12 – UV Facial Skin Analysis Seminar

June 16 – Preparing for Childbirth, One-Day Class

June 18 – Spanish Maternity Tour

June 21 – Managing Sibling Rivalry Parent Workshop

June 21 – Pregnancy 101 – **FREE!**

June 21 – Safe Sitter Babysitting Class

June 25 – CPR for Family and Friends Class

June 30 – Baby Care, One-Day Class

Healthy You Program Packages

Cardio-Strength Group

Healthy Aging Group Fitness

Mind-Body Group Fitness

Specialty Group Fitness

Youth Fitness Group and Sports Performance

LVHN Recreation Committee

"Jonah" at the Sight and Sound Theatre, Lancaster, Pa.

Oct. 6, 2012

Contact Diane_C.Wienckowski@lvhn.org

VALIC Social Security Seminar

To register, visit **valic.com** and enter the code.

June 12 – LVH-M code: LVHBET11AM

June 13 – LVH-CC code: 3773ALL11AP

June 14 – LVH-17 code: LVHALL11AM

Blood Drive

June 15 – LVH-CC, ECC 9 and 10

Employee Discount

Show your badge and save 25% at Monro Muffler Brake and Service (Allentown, Airport Rd. location only)

READ MORE PRIDE in Our People at lvhn.org/checkup.



Proud to Be Blood Bankers

Health Network Laboratories' blood bank department recently had a very successful annual inspection from the American Association of Blood Banks (AABB). After conducting a thorough and exhaustive review of the transfusion service, assessors were very complimentary of the policies, procedures and technical expertise. They praised the technologists, their commitment to patients, and the clear communication among staff, management and clients. The "toughest" of the assessors complimented the team spirit that is evident in the blood bank, to which blood bank manager Ann Kirsch (right, with Jen Hamm) replied, "We are proud to be blood bankers!"

Green Recognition

By recycling, you're helping us be a "green" health network and earning us national recognition. We received the Partner Recognition Award from Practice Greenhealth, a national organization for health care facilities committed to being environmentally responsible. The award recognizes colleagues like Robin Gable who recycle items used in the operating room, as well as those who recycle items in our offices and cafeterias. Our efforts to compost, save energy and reduce hazardous waste also helped us earn the award.



A Wall of Inspiration

Quotes inspire and motivate. That's why we created a wall of inspiration that displays quotes near Lehigh Valley Hospital-Muhlenberg's Frank Banko Educational Conference Center. It's similar to the walls at Lehigh Valley Hospital-Cedar Crest and Mack Boulevard. More than 100 colleagues submitted their favorite words of wisdom and explained why they're so passionate about the quotes. The most inspirational quotes and stories were chosen for the wall. Stop by and get motivated.





HAPPY ANNIVERSARY

June 2012

40 Years

Joy Stahl

Diagnostic Care Center

35 Years

Emily Brown

Bed Management

Charlotte Buckenmyer

Emergency Services

Cindy Buhn

Regional Burn Center

Donna Jenny

Neuroscience

Mary Lenahan-Durnin

Radiation Oncology

Deborah Mankos

NORI

Susan Noll

Cancer Center

Judith Olenwine

PGME

Nancy Schneck

Emergency Services

30 Years

Louise Andrescavage

Medical Services

Ina Ashford

Information Services

Joanne Bodder

Transitional Trauma Unit

Kelli Brown

Perioperative Services

Lisa Durishin

ASU-PACU/OR

Ervina Gordon

6B Medical-Surgical

Edith Gray

Nursing Education

Holly Hinkel

Bed Management

Catherine Hoffman

ICS Recovery

Denise Keeler

NICU

Andrea Keener

Pain Management

John Klitsch

PACU

Dorothy Klotz

ASU-PACU/OR

Beth Krick

Surgical Staging Unit

Nancy Long

Health Care Research

Carol Mayberry

Emergency Services

Mary Potylycki

Float Pool

Pamela Prisaznik

Pediatric Pulmonology

Maryann Rosenthal

5K Medical-Surgical

Cynthia Rosko

ICS Recovery

Kimberly Roth

Respiratory Care Services

Donna Sowden

PACU

Cheryl Strohl

Cardiac ICU

Christine Tripp

Ambulatory Surgical Unit

Samuel Varney

PACU

Dawn Wainwright

Pre-Admission Testing

Robin Weiss

Labor & Delivery

Vicki Werst

Cardiovascular Medicine

25 Years

Laura Beaupre

Cancer Support Services

Sandra Blackledge

Helwig Diabetes Center

Susan Buchman

Endoscopy-G.I. Lab

Brenda Burkhardt

Physical Therapy

Sandra Carwell

Wound Healing Center

Sharmee Cederberg

Helwig Diabetes Center

Jeanine Correll

Obstetrics

Catherine Defranco

Utilization Review

Cathy Fuhrman

PGME

Natalie Gross

6B Medical-Surgical

Cynthia Hallman

Nurse Staffing Office

Kathleen Hancharik

MICU/SICU

D. Lisa Hartman

Cardiac ICU

Karen Hartman

Mother-Baby Unit

Wendy Heil

ASU-PACU/OR

Holly Herbst

Wound Healing Center

Jennifer Houpp

NICU

Maria Kammetler

Marketing & Public Affairs

Lois Kleppinger

Operating Room

Rose Lesniak

PACU

Sharon Lo

4CP Medical-Surgical

Karen Moffat

Operating Room

Darlene Pail

NICU

Lori Papciak

Mammography

Kelly Peterson

PACU

Carol Reenock

Operating Room

Perla Reese

Operating Room

Karen Saab

Hospice Unit

Maureen Sabol

ICS Recovery

Rosemary Scheirer

Bed Management

Angela Sinkler

Open-Heart Unit

Michelle Stuart

Case Management

Theresa Wasno

NORI

Eileen Wasson

TNICU

Jane Wilson

Home Care

20 Years

Angela Barrell

Open-Heart Unit

Amy Bless

College Heights OB/GYN

Cheryl Kutos

NICU

Michele Lawall

Pre-Admission Testing

Christine Lehman

Mother-Baby Unit

Daniel Leshko

MedEvac

Mary Muretta

Hospice

Kathy Nickerson

Information Services

Joseph Osslander

LV Anesthesia Services

Anne Sanders

Emergency Services

Donna Strunk

Security

Carol Teets

4CP Medical-Surgical

Vincent Van Lieu

Sterile Processing

15 Years

Linda Altemose

Hospitalist

Christine Amadio

Health Spectrum

Janice Becker

Heart Station

Scott Fillman

Emergency Services

Michael Fleming

Rehab Services

Pollyanna Hartman

5C Medical-Surgical

Kristina Holleran

6K Medical-Surgical

Michelle Kardoheley

Cardiac Cath Lab

Sharon Krywosa

Transitional Trauma Unit

Sharon Lauer-Cooper

Float Pool

Joel Lerman

Psychiatry

Brigitte Naratili

Hospice

Melissa Orlando

TNICU

Paula Priestas

Heart & Vascular Center

Pamela Riddell

Marketing & Public Affairs

Cheryl Schaedler

Children's Clinic

Veronica Stauffer

Cardiovascular Medicine

Mary Trycinski

Administration

Tammy Turner

Pediatric Unit

Michael Wargo

Emergency Preparedness

Beth Werley

PICU

Karen Williams

Nurse Staffing Office

Randolph Wojcik

Plastic Surgery Assoc. of LV

10 Years

Deborah Allen

Children's Clinic

Christina Bails

Neuroscience Unit

Carol Byrd

Wound Healing Center

Lisa Durkin

Pharmacy

Melissa Egbert

Home Care

Cheryl Easley

Home Care

Tiffany Epting

Nursing Education

Kimberly Fassman

Float Pool

Matthew Feller

MedEvac

Stephanie Forst

Nurse Staffing Office

Thomas Fox

HealthWorks

Daryl Grant

Linen Services

Rita Grillo

Home Care

Angela Henrick

3A ICU

Leah Holschwander

Float Pool

Jeffrey Kuklinski

Emergency Services

Denise Lawyer

Operating Room

Melissa Mack

Pharmacy

Brian Mendez

Hospice

Marshall Miles

Plastic Surgery Assoc. of LV

Greg Miller

Hospitalist

Andrew Miller

Emergency Services

Amy Miller

Valley Family Medical Center

Jennifer Miller

17th Street Operations

Patrick Miller

Operating Room

Mishelle Miller

Pharmacy

Alexandria Negoescu

George OB/GYN Associates

Andrea Paparelli

MICU/SICU

Jennifer Pareja

PACU

Tara Pendrak

Float Pool

Lisa Peterson

Eagle Point Family

Medicine

Elizabeth Pico

Pediatric Unit

Luanne Procyk

Neuroscience

Michelle Redfield

Operating Room

Amy Shannon-McConaughy

PGME

Shannon Silva